

## WHAT CATHOLICS BELIEVE

Catholics belong to a Christ-centered faith community that views Jesus Christ as the foundation. We share Christ's vision and model our lives after His example of love and service for the good of the community. [Read More](#)

### **The Most Basic:**

Most basically, Catholics believe that God created all things and that he created human beings in his image and likeness. God endowed us with freedom and reason. We often use our freedom for evil. Thus enters sin and rebellion. We find ourselves stuck in sinfulness and brokenness. God chose to dwell among us in Jesus Christ. Jesus is the Savior. He shows us how to live a good life according to the design of God. By recognizing our own sinfulness and need for a savior, we can find eternal life in the Kingdom that Jesus preached after this pilgrimage on earth.

### **The Creed:**

The Creed is a prayer or profession of faith that states our beliefs as Catholics. The Creed incorporates our belief in God the Father who created all things; God the Son, who was conceived through the Holy Spirit and was born of the Virgin Mary; and the Holy Spirit that reminds us that God exists in three persons, the Holy Trinity, God the Father, God the Son and God the Holy Spirit.

We believe that God the Son suffered under Pontius Pilate, died, was buried and ascended into heaven and will come again on the last day to judge the living and the dead.

We believe in one, holy, catholic and apostolic church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting.

### **Prayer:**

Prayer can simply be defined as a conversation with God. We recognize the importance of prayer in our lives, whether private or public. Prayer strengthens our relationship with God, and it is through prayer that we are able to listen to God's call through life's journey.

### **Sacraments:**

A sacrament is an efficacious sign of grace, instituted by Christ, entrusted to the Church, by which the divine life is presented to us. Christ makes Himself known to us through the Seven Sacraments which are Baptism, First Penance, First Eucharist, Confirmation, Matrimony, Holy

Orders and Anointing of the Sick. Christ is made present to us through these and invites us to them. We feel that Jesus touches us through the sacraments, and they are the signs of His presence when we celebrate each of them.

### **Morality:**

We are committed to the protection of all of life, in all stages from the moment of conception to natural death. We look to strive to respect the dignity of every human. We believe that morality is based on natural law (inherent in our nature and discernible by reason) and God's revelation in Holy Scripture.

### **The Bible:**

We believe that the Bible is God's word. We strive to read and listen to Sacred Scriptures so that we may learn and understand the word of God that will allow us to apply it to our everyday lives.

### **Mass:**

Mass is the most sacred and important act of worship. The Mass is the source of the Catholic Faith where we encounter Jesus in Sacred Scripture and the Eucharist. The Mass is divided into two parts, the Liturgy of the Word and the Liturgy of the Eucharist. In the Liturgy of the Word, the Word of God is proclaimed from the New and Old Testament. A responsorial Psalm is sung between the readings. During the Liturgy of the Eucharist, the priest and the congregation partake in the meal where bread and wine becomes the Body and Blood of Christ for the nourishment of our lives.

### **Commandments:**

We believe in the Ten Commandments that were handed down from God as divine law. The commandments are: 1. I am the Lord thy God, thou shalt not have any strange gods before Me; 2. Thou shalt not take the name of the Lord thy God in vain; 3. Remember to keep holy the Sabbath day.; 4. Honor thy father and mother; 5. Thou shalt not kill; 6. Thou shalt not commit adultery; 7. Thou shalt not steal; 8. Thou shalt not bear false witness against thy neighbor; 9. Thou shalt not covet thy neighbor's wife; and 10. Thou shalt not covet thy neighbor's goods.

For further information, please refer to Catholic FAQs.

